



# Ackton Pastures Primary Academy



## Parent Information: PE and Sport

We will be following the government guidance for PE and sport in school and will review this as the guidance changes over the Autumn Term. As we amend what we do we will update this document.

Each class will access PE and Sport each week as a timetabled lesson. This will be in addition to active daily playtimes and lunchtimes using their own, designated, class sports equipment.

The timetabled PE and Sport session will be on one afternoon each week. You will be informed by your children's class teacher which afternoon this will be. All PE and Sport will be undertaken outside, weather permitting. Should the weather on the PE and Sport afternoon be poor, a reserve afternoon will be used, and families will be informed of the new day by the class teacher. As the weather gets colder, pupils will be allowed to wear a pair of navy/black jogging bottoms and their school sweatshirt for PE. Pupils should wear a pair of trainers, suitable for sporting activity, on their PE and Sport day.

In order to minimise movement and possible sources of contamination, children will come to school in their PE kit on the day that they have PE. In this way, there will be no need to get changed and also, they will not need a bag of kit in school that can often be mislaid.